



LIFELONG WELLNESS



Our Wellness Program empowers individuals to take control over their own health and wellbeing. Begin your journey today.

Our Mission



We're forming a family of companies growing in wellness.

Aliat applies population health management strategies that have proven effective in engaging employees and containing cost. We help employers achieve a positive return on investment and have a positive impact on health status, productivity, and quality of life.

- ✓ Engagement in Activity
- ✓ Wellness Education
- ✓ A Positive Company

Why Wellness is the core of Aliat

Better Businesses Through Better Healthcare

If you are unhealthy, it ultimately costs you more – regardless of your medical plan.

As industry experts in healthcare, we feel it's our duty to help educate our co-employees on how to use the healthcare system. It is vital that each individual takes responsibility and engages in activity that improves his or her health.

WELLNESS PROGRAM BENEFITS



Helps your employees achieve and maintain optimal health and productivity



Audits your organization's wellness culture



Provides strategic plans to guide your company's health trend management initiatives



Engages your employees through meaningful incentive programs



Measures and benchmarks the effective management of each program

With our partners' participation, we CAN reduce the cost of healthcare. Through our Wellness program, savings that are created in overall healthcare costs are shared - either with reduced premium costs or incentive rewards.